

# Climb4aCure

*Our mission is to promote awareness and provide treatment for the debilitating effects of diabetes, especially within underprivileged communities. We climb to remind ourselves and others that no matter the mountain in front of you, with teamwork and dedication, anything is possible.*

A Quarterly Newsletter

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**RECENT  
GRANTS  
TOTALING  
\$25,000  
WERE  
MADE TO :**

## ALABAMA

\$5000 to Citizens  
Baptist Medical  
Center

Talladega, Alabama



## FLORIDA

\$5000 to NW FL  
Community  
Hospital

Chipley, Florida



## LOUISIANA

\$5000 to Northern  
Louisiana Medical  
Center

Ruston, Louisiana



## MARYLAND

\$5000 to Garrett  
County Memorial  
Hospital

Oakland, Maryland



## MISSISSIPPI

\$5000 to North  
Mississippi  
Medical Center

Tupelo, Mississippi



## Did you know?

**There are seven million people in the United States suffering from diabetes who have not yet been diagnosed.**

Climb4ACure is working to promote awareness and provide funding for preemptive measures that should be taken to check for diabetes symptoms at its earliest stages. Grants, such as one made January 2012, to North Mississippi Medical Center of Tupelo, Mississippi to support their efforts to diagnose and treat patients early on.

"Many diabetics go undiagnosed for long periods of time," said Tina Felks, Director of the North Mississippi Medical Center Diabetes Center. "We will be using the [grant] funds to provide diabetes self-management education, testing supplies, and insulin to indigent patients. We will

also provide community education sessions and free blood sugar checks. These community events give us the opportunity to identify these patients earlier, and help prevent complications such as renal failure, heart disease, and blindness".

Diabetes can lead to complications such as heart disease, higher risk for stroke, high blood pressure, blindness, kidney disease, nervous system disease, and amputation of limbs. Adults with diabetes have heart disease death rates and risk for stroke 2 to 4 times higher than adults without diabetes. Diabetes is the leading cause of kidney failure and new cases of blindness among adults aged 20-74 years. Each year, over half of all amputations in the United States are caused by diabetes and subsequent complications, with most being lower-extremity amputations.

For many underprivileged families, the money needed to have a doctor assess or treat possible diabetes symptoms is simply beyond their means.

This is why it is crucial to raise awareness and funds for those suffering from diabetes. "Through proper education and access to care and supplies, diabetes can be managed effectively and complications prevented" said Kendra Thayer of Garrett County Memorial Hospital.



# How your Climb4ACure Donations Have Helped:

**Amy Kindin, R.N., Diabetes Educator, Northwest Florida Community Hospital:**

"The funds that have been provided to us through Climb4ACure will be used to purchase the teaching aids and student books that are given to our diabetes class participants, many of whom are overwhelmed with not only a new diagnosis, but also the added expenses of medical care and equipment. We thank all the supporters and dedicated workers of Climb4ACure, who have provided Northwest Florida Hospital with an opportunity to reach even more of our underserved diabetes population with the education and support they so desperately seek, and because of efforts such as theirs, can now receive."

**Brandi Green, Director of Food & Nutritional Services, Citizens Baptist Medical Center of Talladega, Alabama:**

"This \$5,000 donation for diabetic nutrition is a blessing. This money will allow us to purchase updated scales, education material, and teaching tools. We currently offer a free diabetic education class to the community and this money will go a long way. Thanks so much to Climb4ACure for thinking of us."



**Kendra Thayer, RN, BSN, CDE, of Garrett County Memorial Hospital of Oakland, Maryland**

"This generous contribution from Climb4ACure will be used to assist our residents who have been diagnosed with diabetes but can't afford their testing supplies or medication. It will also help further our diabetic education program and the services we can offer such as diabetes prevention education, controlling your diabetes, continuous glucose monitoring and insulin pump therapy."

**Brady Dubois, Norther Louisiana Medical Center CEO, of Ruston, Louisiana**

"The donation received from Climb4ACure will help purchase supplies, equipment, and educational handouts. These coupled with our continual educational efforts will help reach a population that may not always seek the needed assistance they require."

## News & Upcoming Events

- Our website is getting a facelift and should be done by the end of April
- Upcoming Climbs: Arkansas, New Mexico and Colorado
- *Our goal is to raise \$50,000 this summer. Help us get there!*

## What You Can Do To Help

**Donate on our site:**

[www.climb4acure.org](http://www.climb4acure.org)

**"Like" our Cause online at:**

<http://www.causes.com/causes/299195-climb4acure#>

*Spread the word!*

## About Us

Climb4ACure was founded in 2007. Our focus is to deliver supplies and treatment to underprivileged diabetics and to increase awareness that the underprivileged are disproportionately affected by this terrible disease. Since our inception, Climb4ACure has provided grants totaling \$100,000 to eight-teen different healthcare-providers in under-served communities across the United States. The grants have provided education, supplies and support to diabetics who cannot afford the care that they need to fight this disease.

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